



Join us for our 76th year with an all-star lineup of speakers and teachers!*

Attend the NHA Conference Virtually!

THURSDAY, JUNE 27 – SUNDAY, JUNE 30, 2024

Advocating the gold standard of a whole-food, plant-based diet and lifestyle since 1948!

Join us for our 76th year with an all-star lineup of speakers and teachers!*



NEAL BARNARD, MD, FACC
President of Physicians Committee for Responsible Medicine; Author of more than 100 scientific publications and 20 books including *Your Body in Balance*; Editor-in-chief of the *Nutrition Guide for Clinicians*

CSILLA VERESS, ND, Lac
Primary Care Doctor, TrueNorth Health Center; Contributing writer for NPLEX, American College of Lifestyle Medicine core curriculum, and *Health Science* magazine

CALDWELL ESSELSTYN, MD
Director of the Heart Disease Reversal Program at the Cleveland Clinic; Author of *Prevent and Reverse Heart Disease*

LAURIE MARBAS, MD
Founder of DrMarbas.com and cofounder of the Healing Kitchen

JOEL FUHRMAN, MD
NY Times bestselling author; Pres., Nutritional Research Foundation; Founder, Eat to Live Retreat

RON WEISS, MD
Founder of Ethos Farm to Health

ALAN GOLDHAMER, DC
Founder, TrueNorth Health Center; Coauthor, *The Pleasure Trap*

STEPHAN ESSER, MD
Director, Esser Health—Take Your Life from Surviving to Thriving



FRANK SABATINO, DC, PhD
Author; Speaker; NHA Director of Education; Creator of the online program *Lean for Life*; Host of the *Health Science* Podcast

ANN & JANE ESSELSTYN, RN
Coauthors of *Be a Plant-Based Woman Warrior: Live Fierce, Stay Bold, Eat Delicious and The Prevent and Reverse Heart Disease Cookbook*

CHUCK CARROLL
Weight Loss Champion; Host of PCRMs's podcast, *The Exam Room*

GREG FITZGERALD, DO, DC, ND
Founder and Principal of the Health for Life Centre

CATHY FISHER
Cookbook author, *Straight Up Food*; Culinary instructor for TrueNorth Health Center and the McDougall Program

JOHN PIERRE
Nutritionist and fitness consultant; Cofounder, Living With Harmony

JASON DESALVO
Cold Brook Farm; Regenerative farmer; Serial entrepreneur; Baker; Author

Everything you need to know to adopt, live, and love the healthiest program on the planet—and the most delicious and nutritious food demonstrations!

Register online at healthscience.org or by phone at 330-953-1002.

\$97 VIRTUAL CONFERENCE

The in-person conference is sold out, so take advantage of pricing for the virtual option.

As a virtual ticket holder, you'll have access to the livestream of the event, as well as all the recordings in the replay area for a year after the event ends. Learn about plant-powered living, connect, and engage with us in this live-streamed, four-day conference of WFPB SOS-free education, camaraderie, connection, and community!

REGISTER NOW

To learn more and register, visit bit.ly/NHA24virtual or scan this code using the camera on your smart phone.



National Health Association, P.O. Box 477, Youngstown, OH 44501-0477
330-953-1002 | info@healthscience.org | healthscience.org

THANKS TO OUR SPONSORS:



* Speakers are subject to change.

** Registrations are refundable until 45 days prior to the conference but are subject to a \$50 nonrefundable cancellation fee.